



UANL

UNIVERSIDAD AUTÓNOMA DE NUEVO LEÓN



CENTRO DE INVESTIGACIÓN
Y DESARROLLO EN
CIENCIAS DE LA SALUD

Health Psychology

The unit of health psychology is organized in the following areas:

Sleep Laboratory studies different sleep habits and disorders that affect the quality of the physical and psychological functioning, as well as their relationship with medical and psychological variables.

Psychooncology studied psychosocial factors that favor the development of different types of cancer, evaluate the emotional impact on the patient and family. It also addresses the medical treatment adherence and behaviors, emotions and social factors that favor the survival of this condition.

Addictions aims to develop explanatory models and integrative multidimensional around psychosocial problems (addiction, school violence, suicidal ideation, etc.) in order to create comprehensive programs of health promotion and prevention and treatment of these problems.